

SPORTS COACHING FOUNDATION

NGO Promoting Health & Peace Through Sports Since 1991



NEWSLETTER OF JUNE 2025

Sports Coaching Foundation is proud to share that under its flagship project "Build India Through Sports", SCF is reaching close to 400 most vulnerable Govt Schools, especially Girls Schools, empowering young girls to grow into confident and balanced women of New India.



Sports Coaching Foundation is committed to promoting Women Empowerment by encouraging girls and women to actively participate in sports. Through inclusive training programs, leadership opportunities, and community engagement, SCF helps in building confidence, self-reliance, and equality, using the power of sports as a transformative tool.



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Sports Coaching Foundation added one more feather in a cap at Govt Girls High School, Falaknuma, Old City, Hyderabad on 20-06-2025



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**Govt Girls High School,
Falaknuma, Old City, Hyderabad.**




Sports Coaching Foundation, an NGO in Masab Tank, Hyderabad teamed up with three Govt Schools in Falaknuma, Old City, Hyderabad to set up Basketball, Volleyball, and Kho-Kho courts. SCF also donated iron poles for Football and Special thanks to Mr. Asim, an African Football Coach, for leading a workshop on basic football techniques. Unfortunately no CSR Partners were coordinated in this unique sports initiative by SCF on 20-06-2025



[Click here](#)

GOVT. HIGH SCHOOL
FALAKNUMA (E/M & U/M)
 NEAR QADRI CHAMAN DARGAH, JANGAMMET, HYDERABAD-53.
U-DISE CODE: 36221292069
 گورنمنٹ ہائی اسکول، فلکنا
 نزد قادری چمن درگاہ، جنگم میٹ، حیدرآباد-53.

GOVT. BOYS PRIMARY SCHOOL
PRAKASH NAGAR (T/M & E/M)
 Bharath Kota, Falaknuma, Bandlaguda-I, Hyderabad-053
GOVT. GIRLS PRIMARY SCHOOL
ALIABAD U/M & E/M
 Qadri Chaman, Falaknuma Jr. College, Hyd-53.
 BANDLAGUDA-I
 گورنمنٹ گرلز پرائمری اسکول علی آباد
 قادری چمن، فلکنا، جونپور کالج، حیدرآباد-53. بڈلہ گوڑہ-1

EDUCATION WITHOUT SPORTS IS INCOMPLETE

 WE ARE HERE TO
HELP YOU
SPORTS COACHING FOUNDATION
 +91 93965 59440
SPORTS IS THE CHEAPEST MEDICINE



"No one is born criminal; It is the circumstances that make one"



Nelson Mandela
Bharat Ratna 1990

The Sports Coaching Foundation, an NGO in Masab Tank, had the opportunity to contribute a wide range equipment to the Juvenile Boys Home in Mahabubabad, Warangal Dist, Telangana on 25-06-2025. The donated items included Volleyball Poles and Nets, Basketball Poles with Boards, Kho-Kho Poles, Wooden First-Aid Box, attractive Wooden Podiums for Speech and Award Ceremonies, along with various gear such as Basketballs, Volleyballs, Tennis Balls, Cricket Kits, Badminton, Tennikoit Rings etc. SCF is proud to share that, over the past few years, we have extending similar support to several Juvenile Homes in Hyderabad. Our core belief remains:
"Sports is the Cheapest Medicine."





The Boxing facility at Sports Coaching Foundation, an NGO in Masab Tank, Hyderabad has been upgraded, with sincere appreciation to Mr. Syed Bhai, Senior Boxing Coach.

SPORTS COACHING FOUNDATION

NGO PROMOTING HEALTH & PEACE THROUGH SPORTS

OUR AWARDS SPEAKS OUR WORK

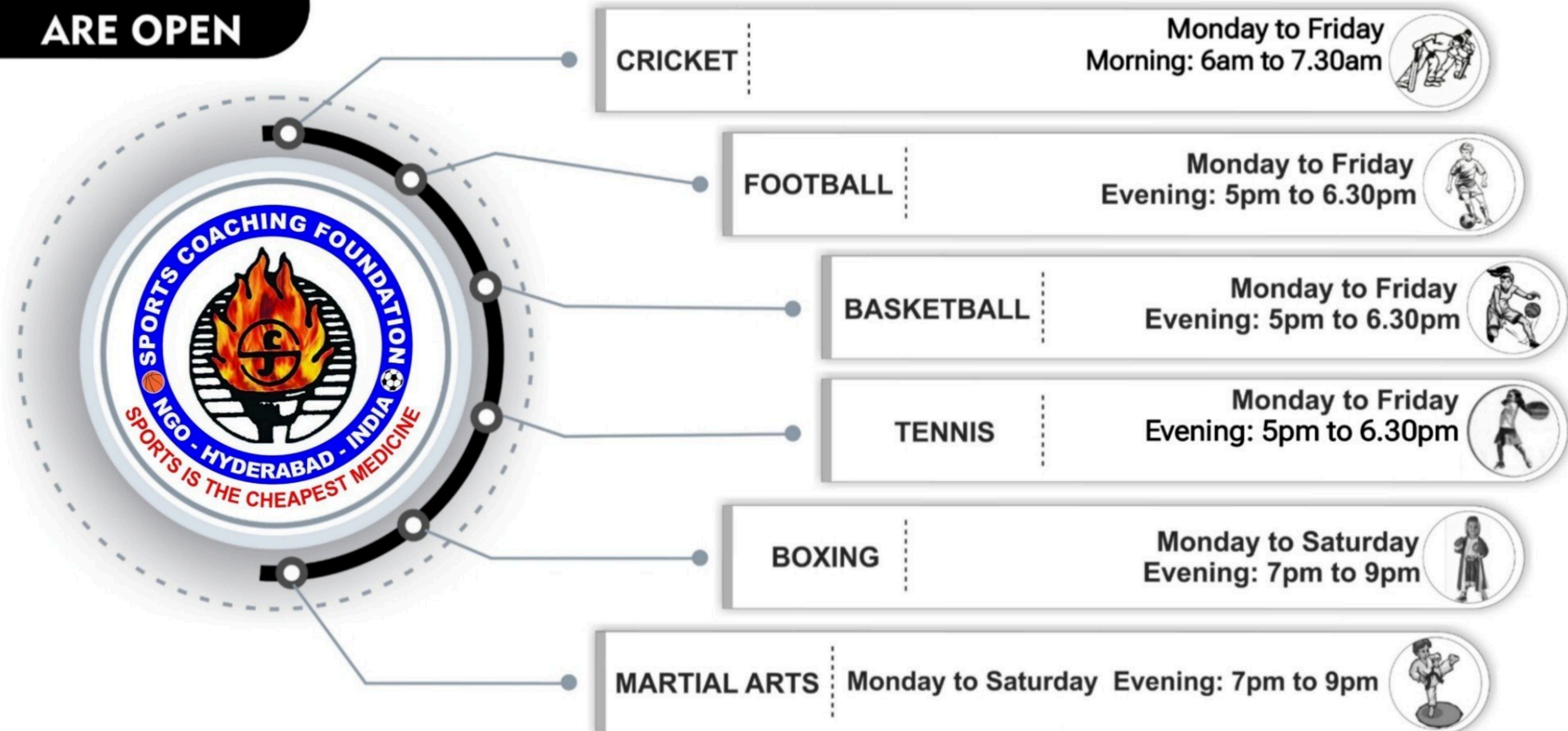
www.scfindia.org

COL. C.K. NAYUDU SPORTS STADIUM
OPP. CHA-CHA NEHRU PARK,
MASAB TANK, HYDERABAD.

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SCF teaches children beyond Sports with good sports culture.

**ADMISSIONS
ARE OPEN**



GYM/FITNESS FACILITY IS AVAILABLE

All Govt Schools & Madrasa Children will get free Coaching



**Sports Coaching Foundation's Summer Camp 2025
Concluded Successfully**



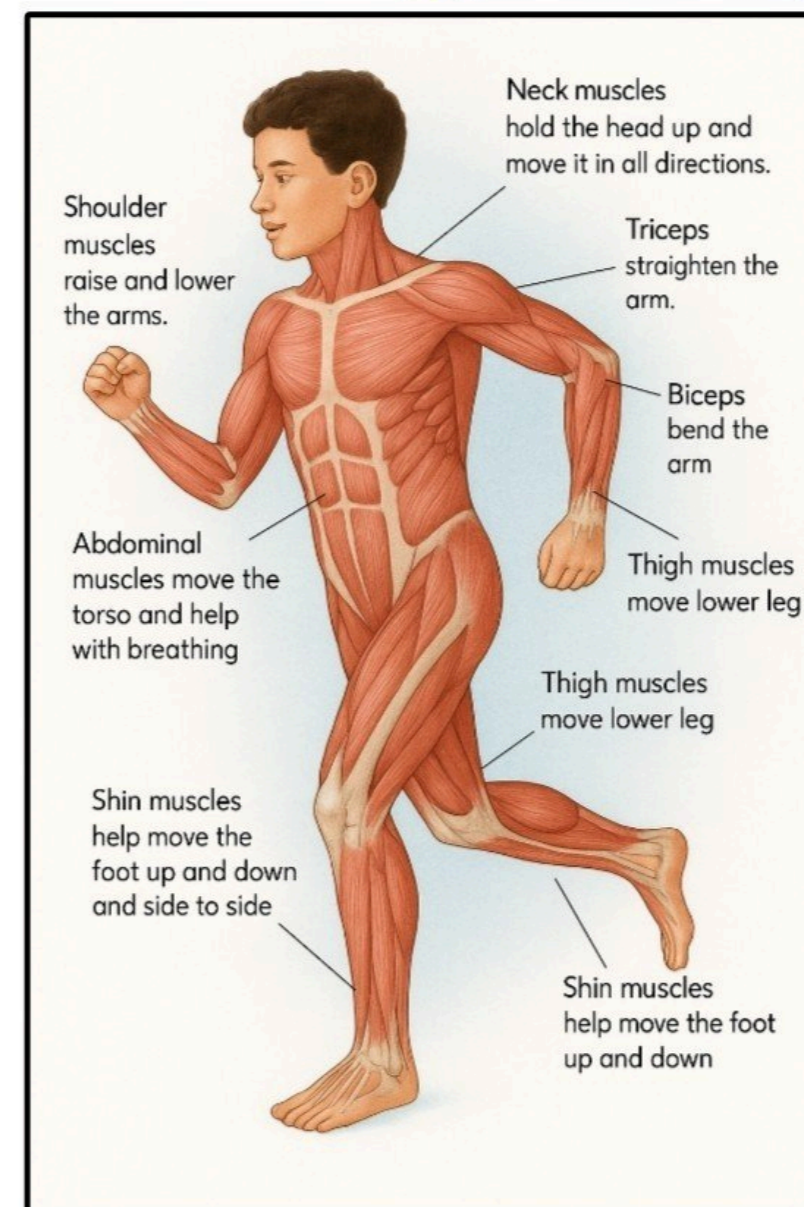


Children immersed themselves in the sports and carried home SCF's timeless memories



WHAT IS SPORTS MEDICINE ?

It is a branch of Medicine that deals with the Medical problems of sportspeople. It involves the methods of selection for sports persons, their nourishment, fitness, improvement, enhancement of their performance, prevention of injuries, early diagnosis & treatment of all Medical problems. This definition relates to the athlete, the sport, sporting equipment, and diagnostic instrumentation. The real object of Sports Medicine is to find talent that is most suitable for any given sport. A sportsman should be physically fit. Psychological aspect of the Training Schedule: When we think of qualities such as strength, speed, stamina, flexibility, and coordination, we try to find out ways and means to improve them. This is achieved with the help of a training schedule. Before understanding what a training schedule is, we will elaborate on certain principles and basic facts in Sports Medicine. The human body is many a time linked to a machine. A machine burns petrol as fuel and produces heat and movement. The most important difference lies in the fact that the body adapts to a given stress if the stress is not too high or too sudden. A machine does not adapt to abnormal stress. the body is exposed to certain stress in a controlled way, and it becomes more efficient. Poor people adapt themselves to a diet low in the requisite calorie content, but still do remarkably heavy work. An executive who moves about in cars and endorses only table work with a diet high in Caloric content, gets adapted to his own life and cannot climb a staircase without getting breathless, often falling prey to various cardio-respiratory disorders.



**MANY GARBAGE DUMP YARDS CONVERTED TO SPORTING HUBS BY SCF,
IMPROVING THE HEALTH OF THE COMMUNITIES AROUND THOSE AREAS...**



BEFORE

IN THE YEAR 1991



NOW...



**STAGewise TRANSFORMATION OF
PLAYGROUND AGAINST ALL ODDS...**



NIGHT VIEW OF THE STADIUM

A First Venture, an Extraordinary Sporting Contribution by Sports Coaching Foundation

Mr. Kammela Saibaba is a visionary who founded Sports Coaching Foundation with a mission to have sports as a medium to educate and train the underprivileged. His consistency and perseverance has enabled him to go on the journey for 34 Years now. The goal is to spread the culture of sports to everyone especially to the people to whom indulging in sports is a privilege. His contribution to this field is an inspiration to many and is nothing less than extraordinary for the sacrifices made to achieve his dream and follow his passion is Exemplary.



K. Saibaba
President of India Awardee
[In Social Change - 2015]

2 MR. K. SAIBABA, FOUNDING SECRETARY, SPORTS COACHING FOUNDATION (SCF, INDIA)...



WINNER OF "INTERNATIONAL SOCIAL IMPACT AWARD" IN THE "OUTSTANDING VOLUNTEER CATEGORY"...



**SPORTS COACHING
FOUNDATION, INDIA
RANKS AMONG
TOP 3 SPORTS NGOs
IN THE WORLD...**



**UNDER THE HIGH
PATRONAGE OF
H.S.H. PRINCE
ALBERT II OF
MONACO**



**JOEL BOUZOU,
PRESIDENT AND
FOUNDER PEACE
AND SPORT**



K. SAIBABA
Founding Secretary, SCF
President of India Awardee

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Through Sports In India Since 1991.

+91 939 6559 440

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COACHING MANUAL TEACHES BEYOND SPORTS

SCF STADIUM



COACHING VIDEO



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SPORTS CULTURE IS A STRONG NECESSITY IN INDIA



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